Western Elms & Circuit Lane Newsletter **June 2021**



Since our first vaccine on the 22nd December when we vaccinated our first patient against Covid-19, we have now vaccinated 20,000 patients with both doses of the vaccine. After 7 months of AstraZeneca



what has been a fantastic team effort, we will be running our final vaccination clinic on Thursday 10th June. After this point we will continue to try and contact those who have not turned up for their second appointments.

If you have still to receive your first vaccination and are a patient in cohorts 1-9, you will need to contact one of the following:

Email Tilehurst Village Surgery @ srccq.Tilehurstvillage.Covid@nhs.net with your name, date of birth and telephone number Book online now for appointments at a vaccination centre or a pharmacy and if you cannot book online, you can call 119 free of charge



The NHS App is a simple and secure way to access a range of NHS services on your smartphone or tablet. You can also access NHS App services from the browser on your desktop or laptop computer.

Use the NHS App to: Share your Covid-19 status / Get advice about coronavirus Order repeat prescriptions / Book appointments Get health advice / View your health record Register your organ donation decisions Find out how the NHS uses your data View your NHS number

Patient Participation Group

Do you have an hour to spare? Would you like to make a difference?



Please contact us at we.patientgroup@nhs.net

Partner News

Dr Julie Newsham stepped down from being a Partner last year and we are now sad to say she has decided to retire fully. After dedicating 28 years to the patients here, caring for several generations of families we know you all want to wish her all the best for her retirement. If you would like to send a personal message, please send to we.patientgroup@nhs.net

CARERS WEEK, 7-13 JUNE 2021

<u>Carers Week</u> is an annual campaign to raise awareness of caring by highlighting the challenges that carers face and recognise the contribution they make to families and communities throughout the UK. It also helps people who don't think of themselves as having caring responsibilities to identify as carers and access much-needed



support. This year we are coming together to Make Caring Visible and Valued.



WORLD BLOOD DONOR DAY, 14TH JUNE 2021

Transfusion of blood and blood products helps save millions of lives every year. World Blood Donor Day celebrates everyone who donates their life-saving gifts of blood and aims to raise awareness of the need for regular blood donations to ensure the quality, safety and availability of blood and blood products for patients in need. For more information and how to get involved please visit the <a href="https://www.who.awareness.com/who.awaren

BRITISH NUTRITIONAL FOUNDATION (BNF) HEALTHY EATING WEEK, 14-18 JUNE 2021

BNF Healthy Eating Week celebrates and promotes healthy eating, as well as food provenance, cooking and being active. The 'Find your healthier you' message will be supported by five themes across the week.





MEN'S HEALTH WEEK, 14-20 JUNE 2021

Led by the Men's Health Forum, the purpose of Men's Health Week is to raise awareness of preventable health issues and encourage men and boys to seek professional advice for health-related problems.

<u>CERVICAL SCREENING AWARENESS WEEK, 14-20</u> JUNE 2021

Around 3,200 women are diagnosed with <u>cervical cancer</u> in the UK each year. More than half of cases in the UK are diagnosed in women aged 45 or under.





DIABETES AWARENESS WEEK 2021

The week is all about creating awareness of the condition and encouraging people to share their experiences of living with diabetes. This year, we'll be telling #DiabetesStories from all corners of the UK.

NATIONAL CLEAN AIR DAY, 17TH JUNE 2021

National Clean Air Day is a chance for the whole country to come together and improve air quality through collective action. Led by <u>Global Action Plan</u> they hope to improve public understanding of air pollution, build awareness of how air pollution affects our health and explain the easy actions we can all do to tackle air pollution, helping to protect the environment and our health.

