

# Western Elms & Circuit Lane

## Newsletter April 2022

**Easter Market  
Saturday 9th  
April 11.30-1.30**

**The Grange United  
Reformed Church**



### **Patient Participation Group**

**We Need You!**



Would you like to influence the development of local health services?

Western Elms Surgery already has a very successful group who identify issues on behalf of patients, raise funds and supports the surgery in these times of great change.

If you are a patient of Western Elms and you have a couple of spare hours a month where you may like to get involved in the current changes within the NHS and General Practice?

Please email [we.patientgroup@nhs.net](mailto:we.patientgroup@nhs.net)

### Who is a Physicians Associate?

A PA is a healthcare professional who, while not a doctor, is trained and works to the medical model, with the attitudes, skills, and knowledge base to deliver holistic care and treatment within the practice team under defined levels of supervision.

We are trained to perform a range of tasks including taking medical histories, performing examinations, diagnosing illnesses and medical conditions, requesting and analysing test results and develop a patient-centred management plan. In General Practice (GP), PAs can see patients in their own consultations, but they always work under the supervision of a fully qualified doctor.

The responsibilities held by a PA working within General Practice vary depending on their experience. Their scope of practice will develop over time at the discretion of their named supervising GP, with many experienced PAs working at a semi-autonomous level. This means that supervision may be remote, such as when PAs are providing home visits or care home reviews. Although, PAs are currently unable to prescribe and order ionised radiation, they are trained in clinical therapeutics and are therefore, able to prepare prescriptions for their supervising GP to sign, having devised an appropriate management plan.

Other responsibilities of PAs include reviewing diagnostic test results such as blood tests and imaging reports, reviewing correspondence from secondary care, and referring patients on an urgent or non-urgent basis to the emergency department, assessment units, or secondary care specialties. also been utilised in helping practices reach Quality and Outcomes Framework targets, and in educating patients in specialist review clinics.

### **Monthly Statistics**

We offered 406 pre-bookable routine F2F GP appointments during the month of March — 63 patients did not attend their appointments.

Also for the month of March we booked in a total of 41 antenatal / baby check appointments - 6 did not attend.

## Stress Awareness Month

This April, healthcare professionals and health promotion experts across the country will join forces to increase public awareness about the causes and cures for our modern stress epidemic. The last two years have been the most challenging we have faced and in 2020 our services were overwhelmed by people that are struggling and seeking support. This year the theme is Community. Take a look at the [web pages](#) for more information about stress in the workplace.



## April is Bowel Cancer Awareness Month

a fantastic opportunity to [raise awareness](#) of bowel cancer and funds to support their work. Every 15 minutes somebody is diagnosed with bowel cancer in the UK, that's nearly 43,000 people each year.

## 8th April, Pyjamas For PanCan Day 2022

Join us this April for [Pyjamas for PanCan!](#) Wear your Pyjamas to work or school this April and help us say goodnight to pancreatic cancer; the cancer that has been kept in the dark for too long.



## Parkinson's Awareness Week 10th-16th April 2022 will be

focusing on the many fun ways in which we can keep physically active. Exercise and keeping active is extremely important for people with Parkinson's and sadly many people view exercise as a chore or boring activity. We want to change this! They want everyone out there during [Parkinson's Awareness Week](#) to engage in some

form of physical activity that they find fun! If you are unsure of what to do, check out their calendar of events or suggested activities which you can do locally, on your own or with friends and family!

## World Immunisation Week, 24th-30th April, aims action needed

and to promote the use of vaccines to protect people of all ages against disease. The ultimate goal of this [week](#) is for more people and their communities to be protected from vaccine preventable diseases.



#MSWeek

MS Awareness Week will run from 25 April– 1 May. MS is unpredictable and different for everybody. Symptoms can come and go and change over time, and it's difficult to know how your condition might progress. That's why this

[#MSAwarenessWeek](#) they're shining the light on the uncertainty of living with the condition

On Your Feet Britain 28 April encourages workers across Britain to unite together and participate in a variety of fun and simple activities to [#SitLess](#) and [#Move More](#) at work.

